

STIGMA & PROMOTING RECOVERY

Stigma video to watch, start at 8:50 minutes

[https://www.ted.com/talks/dr carolyn greer shaming the sick substance use and stigma](https://www.ted.com/talks/dr_carolyn_greer_shaming_the_sick_substance_use_and_stigma)
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Discussion on Stigma

1. When might you encounter stigma in the hospital?
1. How can you model stigma reduction in the hospital setting?

The Language of Recovery

What Language to we want to promote?

Person First Substance Language

- A Person with a Substance Use Disorder
- A Person with an Alcohol Use Disorder
- A Person with an Opiate Use Disorder
- A Person in Recovery

What Language do we want to discard?

- Alcoholic
- Junky
- User
- Dirty/Clean
- Druggie
- Seeker
- Drug Addict
- Frequent Flyer
- And so on

"...In discussing substance use disorders, words can be powerful when used to inform, clarify, encourage, support, enlighten, and unify. On the other hand, stigmatizing words often discourage, isolate, misinform, shame, and embarrass..."

-Excerpt from "Substance Use Disorders: A Guide to the Use of Language" published by CSAT and SAMHSA